

# About Town

LIFE AND  
RECREATION  
IN BLACKSBURG

## ARBOR DAY Help Plant Trees

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Energy Outlet

Page 11

INSIDE: Recreation Activities –

Registration Begins Jan 10 at 9am

# What's Happening?

## JANUARY 3-13

Christmas Tree Collection

## JANUARY 10

Parks and Recreation Program  
Registration, 9am

## JANUARY 13-16

Martin Luther King, Jr. Holiday,  
Town Offices Closed

## JANUARY 14

Free Family Film Fest,  
10am-noon, The Lyric Theatre

## JANUARY 17

Classes begin, Virginia Tech

## JANUARY 28

Raisin' Cane:  
A Harlem Renaissance Odyssey,  
7:30pm, Moss Arts Center

## FEBRUARY 4

National Symphony  
Orchestra of Ukraine,  
7:30pm, Moss Arts Center

## FEBRUARY 10-11

Circus Oz Straight Up,  
7:30pm, Moss Arts Center

## FEBRUARY 11

Free Family Film Fest,  
10am-noon, The Lyric Theatre

## FEBRUARY 18

A Far Cry with Roomful of Teeth,  
7:30pm, Moss Arts Center

## FEBRUARY 20

Presidents Day,  
Town Offices Closed

## FEBRUARY 24

Taj Express:  
The Bollywood Musical Revue,  
7:30pm, Moss Arts Center

## MARCH 3

Twyla Tharp 50th Anniversary Tour,  
7:30pm, Moss Arts Center

## MARCH 4-12

Virginia Tech Spring Break

## MARCH 9-12

Appalachian Studies Conference,  
Virginia Tech

## MARCH 10

Higher Ground 6  
Life Is Like a Vapor,  
8pm, Moss Arts Center

## MARCH 12

Roanoke Symphony Orchestra  
Masterworks: Musical Travelogue,  
3pm, Moss Arts Center  
Daylight Savings Time Begins

## MARCH 17-18

(Be)longing,  
7:30pm, Moss Arts Center

## MARCH 18

Free Family Film Fest,  
10am-noon, The Lyric Theatre

## MARCH 20

First Day of Spring  
Deadline for Citizens Institute  
Registration

## MARCH 24

Kid Koala Nufonia Must Fall,  
7:30pm, Moss Arts Center

## APRIL 1

Southwest Virginia Ballet  
Romeo and Juliet,  
7:30pm, Moss Arts Center

## APRIL 2

Southwest Virginia Ballet  
Romeo and Juliet,  
3pm, Moss Arts Center

## APRIL 3

Citizens Institute Begins

## APRIL 8

Secret Agent 23 Skidoo,  
3pm, Moss Arts Center

## APRIL 15

Blacksburg Parks and Recreation  
Annual Easter Egg Hunt, 10am,  
Municipal Park

Blacksburg Chocolate Festival,  
11am-6pm, Downtown Blacksburg

## APRIL 22

Arbor Day Celebration and  
Shred-a-Thon, 9am-Noon,  
615 Patrick Henry Drive

Virginia Tech Spring Game

Stuart Pimsler Dance & Theater  
Matinee, 7:30pm, Moss Arts Center

## APRIL 23

International Street Fair, 12-5pm,  
Downtown Blacksburg

## APRIL 29

Blacksburg Fork and Cork,  
Noon-5pm, CRC

To find out what's happening around Blacksburg or to post your own events, visit [www.stepintoblacksburg.org](http://www.stepintoblacksburg.org).

## Shred-a-Thon

Saturday, April 22, 9 am - noon, 615 Patrick Henry Dr.  
Bring your papers for shredding. No businesses please.

For more information call 540-961-1806  
or email [recycle@blacksburg.gov](mailto:recycle@blacksburg.gov).

## IN THIS ISSUE

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Blacksburg TOWN OF  
*a special place*

**About Town** is a publication of the  
Town of Blacksburg Community Relations  
Office.

### Mission of the Town of Blacksburg

To support a dynamic community by  
providing effective municipal services and  
enhancing Blacksburg's quality of life.

### Town Council

[clerk@blacksburg.gov](mailto:clerk@blacksburg.gov)

Ron Rordam, Mayor  
Leslie Hager-Smith, Vice Mayor  
Susan Anderson  
John Bush  
Krisha Chachra  
Cecile Newcomb  
Michael Sutphin

Enjoy About Town and don't forget to recycle.

## KEEP IN TOUCH



montgomery county virginia  
**CITIZENS ALERT**  
BLACKSBURG • CHRISTIANBURG

## The Need for Speed

### Increased broadband will be a boon for businesses and residents

**B**roadband, or bandwidth, determines the amount of data that can be sent through an internet connection. With more bandwidth, a user can send or receive greater amounts of information at any time.

Better broadband access means more than downloading movies at a faster rate. It is integral to the modern



workplace—business, healthcare, and education all rely on speedy connections and the capability to download large amounts of information.

Blacksburg is working to get people home access to the same kind of high bandwidth they have at work or school. “We want to make sure that residents can get higher speed broadband so they can work remotely with ease, collaborate digitally, share data, and do video conferencing,” Christy Straight, a regional planner with the New River Valley Regional Commission, said.

“We were early on the scene with establishing the Blacksburg Electronic Village in the 1990s,” Marc Verniel, town manager, said. Now that increased bandwidth has become a necessity, the town hopes to facilitate more private sector competition. “We want to make it easier for new players to enter the market and encourage competition,” Verniel said. “When providers compete with each other, there will be more affordable services for residents.”

The New River Valley Regional Commission completed a survey in December to learn exactly what Blacksburg and surrounding residents need and expect from their Internet. “We can have ideas, but we need to pay attention to the data,” Straight said.

Results from the survey will help the town demonstrate that Blacksburg and the surrounding area are a worthwhile pursuit for Internet providers. “We will show providers there is market interest and providers will be able to get a return on their investment,” Straight said.

For more information, visit [www.blacksburg.gov/broadband](http://www.blacksburg.gov/broadband).



## 1,000 New Trees for Blacksburg

One thousand new trees—red and white oaks, red and silver maples, pines and spruces—will be planted at the Park at South Point this spring, thanks to a grant from the Virginia Department of Forestry.

**T**he grant pays for the trees, tree shelters, and stake kits,” Dean Crane, director of parks and recreation, said. Grants are competitive, and grant winners must provide matching funds to qualify. The work of town employees and volunteers to prepare the ground and plant trees comprises Blacksburg’s match.

The Park at South Point is next to the Crossings senior living facility and near LewisGale Hospital. The park will eventually provide a walking path, recreation fields, and a community park for all to enjoy. When grown, the newly planted trees will create a wooded buffer between the park and the neighboring community.

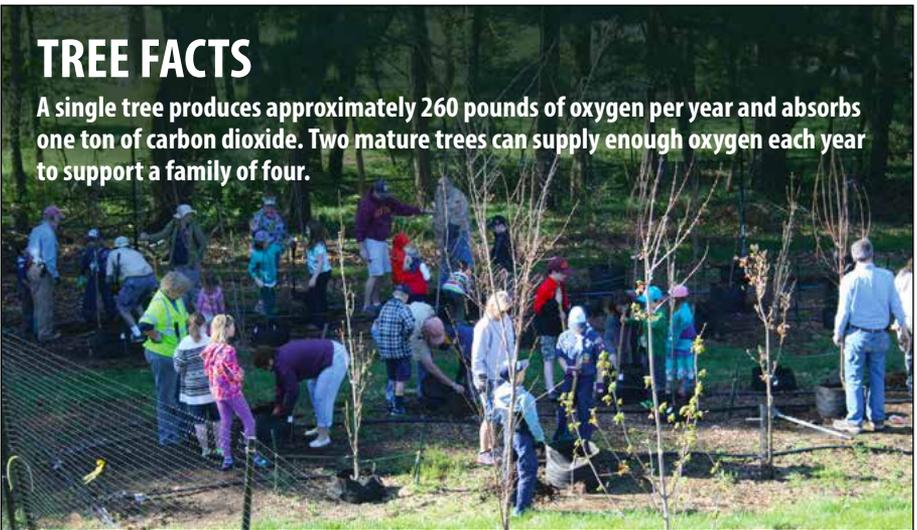
Blacksburg has a Tree City USA designation, which means that the town is committed to urban forestry. “The goal of the town is to plant two trees for every tree we remove,” Crane said. “By planting trees, we create natural borders, wildlife corridors, increase the canopy cover, and clean the air.”

Ready to volunteer and keep our community beautiful, healthy and vibrant? Bring your shovel and come out to help plant trees. Join us on Earth Day, April 22, and get ready to dig in!

For more information about volunteering, contact Parks and Recreation at 540-961-1135 or email [recreation@blacksburg.gov](mailto:recreation@blacksburg.gov).

## TREE FACTS

A single tree produces approximately 260 pounds of oxygen per year and absorbs one ton of carbon dioxide. Two mature trees can supply enough oxygen each year to support a family of four.



## Upgrades Crucial for New River Valley Regional Water Authority

**T**he New River Valley Regional Water Authority treatment plant has been working to make our tap water clean for over sixty years. However, the plant hasn't had any upgrades since 1977. "The plant is producing high-quality water," Marc Verniel, Blacksburg's town manager, said. "The staff is excellent, and the entire plant is spic and span. But other than general maintenance, there have been no major upgrades in 40 years," he said.

Improvements are long overdue. To keep the plant running safely and reliably, the water authority has developed a plan to modernize the existing plant. "The plant will be rebuilt from the inside out," Verniel said.

These critical upgrades come at a cost. The water authority will fund the project with a bond and then pay it off over several years. The authority's board members will decide together how to structure the financing. Ultimately, increased costs will be passed along to customers in Blacksburg, Christiansburg, Montgomery County and at Virginia Tech.

Specifics about the overall costs of the upgrades, and what that means for residents, will be determined early this year.

"Water is one of the basic services localities provide," Verniel said. "Our plant is functioning well but is dated and needs to be upgraded. Caring for this issue—before it becomes a problem—is the responsibility of local government."



# We All Have Something to Share

## The New River Valley TimeBank builds stronger communities



**NEW RIVER VALLEY  
TIMEBANK**  
A neighbor to neighbor network  
to share skills and services

**You might be great at tutoring kids**, but terrible at home repairs. Or you know your way around the garden, but your computer is a puzzle you just can't solve. With the New River Valley TimeBank, now all community members can exchange their expertise and talents for time, not dollars.

The TimeBank is part of a national network that helps connect people to exchange skills and services. One hour of service equals one time credit, and all service is treated equally. So if you spend an hour shoveling a snowy walk for one person, you can exchange that for an hour of tutoring services from someone else.

The TimeBank helps connect the right services to those who need them, and keeps tracks of hours earned and spent. Anyone interested in participating can register at the website. All members attend an orientation session before getting started.

“The TimeBank is an innovative new way to foster skill-sharing and strengthen a sense of neighborliness in our community,” Ellen Stewart, New River Valley TimeBank coordinator, said.

New River Valley TimeBank organizers hold information sessions twice a month at different locations. For more information, visit [nrvertimebank.org](http://nrvertimebank.org), find New River Valley Timebank on Facebook, or call 540-251-4345.

**Everyone has something to give, and everyone has something to gain.  
What can you bank? Here are just a few skills worth sharing and swapping:**

**Arts & Crafts** knitting, photography, painting, and scrapbooking

**Friendship** visiting housebound people

**Business Services** bookkeeping, office support, help with computer applications (Skype, email, Microsoft Office)

**Communication** translating  
**Cooking** meal planning, grocery shopping

**Gardening** planning, planting, weeding, watering, composting, harvesting

**Health & Recreation** hiking, biking, sports, yoga, massage, nutrition guidance

**Home Maintenance** yard care, handyman services, basic plumbing/electrical

**Learning** music lessons, language instruction, tutoring

**Transportation** appointments, field trips, pick up/delivery

## BLACKSBURG PARKS AND RECREATION



### RECREATION FEES

#### WHAT DOES R/NR MEAN?

R: RESIDENT: Individuals living in the town limits or paying town taxes

NR: NON-RESIDENT: Non-Blacksburg residents

#### REFUND POLICY

Refund requests must be made seven days prior to the start of a program or rental to ensure refund or credit.

- A \$25 service charge will apply to all cash/check refunds.
- Refunds under \$25 will be credited to the household account.

#### OPEN PARTICIPATION

All programs are available without regard to race, color, sex, age, religion, national origin, political affiliation or disability. Parks and Recreation is committed to providing accommodations, (access), in accordance with Title II of the Americans with Disabilities Act. Please contact us at 540-961-1135 or [recreation@blacksburg.gov](mailto:recreation@blacksburg.gov) if accommodations are requested.



**The Staff of Blacksburg Parks and Recreation**

#### INCLEMENT WEATHER POLICY

In the event of cancellations, you will receive an email, and information will be posted at [www.facebook.com/BlacksburgParksandRecreation](http://www.facebook.com/BlacksburgParksandRecreation). You also can call the Blacksburg Community Center at 540-961-1149, Blacksburg Aquatic Center at 540-961-1852, or the main office at 540-961-1135 for updates.

#### REGISTRATION

Fall registration begins Jan 10 at 9am. Register by phone, mail, fax, online at [www.blacksburg.gov/recreation](http://www.blacksburg.gov/recreation), or in person at one of the following locations:

#### **The Blacksburg Community Center**

725 Patrick Henry Drive  
Phone: 540-961-1149  
Fax: 540-961-1897

#### **Blacksburg Aquatic Center**

625 Patrick Henry Drive  
Phone: 540-961-1852  
Fax: 540-951-8313

#### **Parks and Recreation Office**

615 Patrick Henry Drive  
Phone: 540-961-1135  
Fax: 540-951-8313

# GENERAL INFORMATION – COMMUNITY CENTER

**THE COMMUNITY CENTER** 725 Patrick Henry Drive | Phone: 540-961-1149 | Fax: 540-961-1897

## HOURS OF OPERATION

### January - March

Monday-Saturday 8am-10pm  
Sunday Noon-6pm

### April

Monday-Saturday 8am-10pm  
Sunday Noon-5pm

### May

Monday-Thursday 8am-10pm  
Friday 8am-8pm  
Saturday 8am-4pm  
Sunday Noon-5pm

## Closing Days

January 1  
April 16  
May 28-29

## COMMUNITY CENTER ROOM RENTALS

Room setup is available free of charge with at least 48 hours notice. Any rentals outside of the regular hours of the Community Center are subject to an extra \$10/hr. One week advance registration is required. Call 540-961-1149 or e-mail [jleahy@blacksburg.gov](mailto:jleahy@blacksburg.gov) for more information.

**Multipurpose Room:** \$30/hr, holds 155 banquet; 250 lecture

**Community Room:** \$25/hr, holds 80 banquet; 100 lecture

**Art Room:** \$15/hr, holds 15 banquet 25 lecture includes sink and counter

**Program Room:** \$20/hr, holds 60 banquet; 80 lecture, includes sink and counter

**Social Room:** \$15/hr, holds 15, includes sofas and big screen TV

## COMMUNITY CENTER GYM A AND B

Rental fees are \$25/hr



## FITNESS CENTER FEES

Adults (18 years and older)  
Daily pass: \$5  
Five time pass: \$10  
Thirty time pass: \$35  
Fifty Time pass: \$50

All passes are good for up to one year from date of purchase. The Fitness Center opens when the Community Center opens and closes ½ hour before the Community Center closes.

Facility hours may change due to special events. Please call 540-961-1149 for more information.

## KIPPS GYMNASIUM

2801 Prices Fork Road  
Phone: 540-552-2798

Kipps Gymnasium is only open for programs and gym rentals. Rental fee is \$25/hr. Rentals must be made one week in advance. Call 540-961-1179 or email [alloyd@blacksburg.gov](mailto:alloyd@blacksburg.gov) for information and rentals.



# SHELTER AND FIELD RENTALS

## PICNIC SHELTERS

Picnic shelter reservations may be made at the recreation office, 615 Patrick Henry Drive, Monday - Friday, 8am-5pm or by phone.

Shelter reservation times are 10am-3pm, 4pm - dark or for the entire day. Fees are \$30 for half day period or \$50/all day. The fee is non-refundable unless inclement weather prevents use on the day of reservation.

### Municipal Park Shelter Rentals:

**Shelter I:** Seats 160 people. Located on Turner Street.

**Shelter II:** Seats 48 people. Located on Turner Street, park side.

**Shelter III:** Seats 48 people. Located on Patrick Henry Drive.

**Shelter IV:** Seats 48 people. Located on Patrick Henry Drive.

**Nellie's Cave Park:** Seats 100 people. Located at the end of Grissom Lane.

**Toms Creek Park:** Seats 32 people. Located on Toms Creek Road, west of Route 460. 1/4 mile on right.

**Heritage Community Park:** Shelter on Glade Road seats 64, shelter on Meadowbrook Drive seats 64.

**Wong Park:** Seats 32 people. Located at 303 Wilson Avenue.

**Skate Park Shelter:** Seats 20 people. Located in front of main office, 615 Patrick Henry Drive.

**Tennis Court Shelter:** Seats 32 people. Located at 615 Patrick Henry Drive.



## Field Rentals

Fields may be reserved for softball, baseball, or soccer for a fee of \$10/hr. Tournament fees are \$85/field, per day + \$35/hr for lights + \$100 (refundable) damage deposit.

### Horseshoe Pits at Municipal and Nellie's Cave Park



# AQUATIC CENTER

**HOURS AND FEES | AQUATIC CENTER** 625 Patrick Henry Drive | Phone: 540-961-1852 / Fax: 540-951-8313



## General Information

Monday-Thursday	5:30am-9:30pm
Friday	5:30am-7:15pm
Saturday	9am-6:30pm
Sunday	1-6:30pm

The pool closes fifteen minutes before the building.

The Aquatic Center will be closed April 16.

For information on weekly schedules, facility policies, and rules please check the website at [www.blacksburg.gov/recreation](http://www.blacksburg.gov/recreation) or call 540-961-1852.

## Daycares, Schools and Other Groups

Groups planning to bring 10 or more swimmers during recreational swim hours are asked to schedule with the Aquatic Center at least one week in advance whenever possible.

Groups with children under the age of 10 are to have one adult supervising in the water, per eight children.

## Child Supervision

Children five and younger must be supervised by a paying, swimming adult in the pool and locker rooms and must be with arms reach at all times. A supervising adult must be in the facility for children ages 6-13. Children over the age of three may not use the opposite gender locker room. The Family Changing Room is available for parents with children over the age of three.

## Pool Rentals

All pool facility rentals are for 2 hours and must be made at least one week in advance to ensure adequate staffing.

## Lobby Rental

Lobby rentals are available Mondays through Sundays 1:15-3:15pm, Saturdays or Sundays, 3:45-5:45pm. Includes use of the BAC lobby and pool admission for up to 15 people. (Please note the facility will remain open to the general public during lobby rentals.)

- Lobby Rental Package: \$75 (pool admission for up to 15 people)
- Additional price per person is \$3

## Private Rental\*

Private rentals are available Friday 7:15-9:15pm and Saturday 6:45-8:45pm. Includes exclusive use of the lobby and pool admission for up to 25 people.

- Private Rental Package: \$135 (pool admission for up to 25 people)
- For parties larger than 25 people there will be an additional charge of \$35

\*Add a Float Package to any private rental for \$40. Includes use of aquatic center inflatable toys and animals. Float toys may vary according to availability.

## Admission and Pass Information

### Daily Admission:

Adults (15-64):	\$3.75
Seniors (65 and up):	\$3.25
Youth (3-14):	\$3.25

After 7pm rates decrease by \$.50  
Children under the age of three are free with a paying, swimming adult.

### 10 Swim Passes\*:

Adults (15-64):	\$32
Seniors (65 and up):	\$27
Youth (3-14):	\$27

### 30 Swim Passes\*:

Adults (15-64):	\$90
Seniors (65 & up):	\$75
Youth (3-14):	\$75

### Yearly Passes\*:

Primary Account Member	
Adults (15-64):	\$250
Seniors (65 and up):	\$225
Youth (3-14):	\$225

### Additional Account Member

Adult (20-64):	\$175
Senior (65 and up):	\$110
Young Adult (15-19):	\$110
Youth (3-14):	\$95

\*All Swim Passes expire one year from purchase date and include use of the lap pool, spa, saunas, and water aerobics during appropriate hours.



**RANDY HALL** Community Programs Supervisor  
540-961-1191 • rhall@blacksburg.gov

## MOMMY & ME / DADDY & ME

These playgroups include warm-up exercises, small and large motor skills, developmental movements, ladders, slides, tunnels, parachute, streamers, hula hoops, and Lummi sticks. **Parent participation required.** Instructor: Maria Rossi

Activity #	Date	Age	Time	Fee (R/NR)
201001-W1	M Feb 6-Mar 13	1-1.8	9:30-10:30am	\$40/\$50
201001-S1	M Mar 27-May 1	1-1.8	9:30-10:30am	\$40/\$50

Location	Blacksburg Community Center
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## ROMP & STOMP

Let's make some noise. These playgroups include free play, warm-up exercises, and basic concepts such as up and down, in and out, as well as basic shapes and directions. **Parent participation required.** Instructor: Maria Rossi

Activity #	Date	Age	Time	Fee (R/NR)
201002-W1	Tu Feb 7-Mar 14	18-24 mos	9:30-10:30am	\$40/\$50
201002-S1	Tu Mar 28-May 2	18-24 mos	9:30-10:30am	\$40/\$50

Location	Blacksburg Community Center
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## ENERGY OUTLET

Kids love Energy Outlet. These playgroups provide body awareness, math development, balance, eye-hand, eye-foot coordination, creative expression, self confidence and social interaction. **Parent participation required.** Instructor: Maria Rossi

Activity #	Date	Age	Time	Fee (R/NR)
201000-W1	W Feb 8-Mar 15	2	9:30-10:30am	\$40/\$50
201000-S1	W Mar 29-May 3	2	9:30-10:30am	\$40/\$50

Location	Blacksburg Community Center
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## FAMILY ENERGY OUTLET

A good class to spend time with siblings. This class was designed specifically for those parents who have multiple children. This playgroup will center on exercise and movement. **Parent participation required.** Instructor: Maria Rossi

Activity #	Date	Age	Time	Fee (R/NR)
201003-W1	M Feb 6-Mar 13	0-6	10:45-11:45am	\$25/\$30 per child
201003-W2	W Feb 8-Mar 15	0-6	1-2pm	\$25/\$30 per child
201003-S1	M Mar 27-May 1	0-6	10:45-11:45am	\$25/\$30 per child
201003-S2	W Mar 29-May 3	0-6	1-2pm	\$25/\$30 per child

Location	Blacksburg Community Center
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# YOUTH PROGRAMS

## KANGAROO KIDS

These classes are centered around a movement program which incorporate, body awareness, balance, eye-hand, eye-foot coordination, creative expression, self confidence and social interaction.

Activity #	Date	Age	Time	Fee (R/NR)
201008-W1	Tu Feb 7-Mar 14	3-4	10:45-11:45am	\$40/\$50
201008-S1	Tu Mar 28-May 2	3-4	10:45-11:45am	\$40/\$50

Location	Blacksburg Community Center
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## FAMILY BOUNCING BEARS

This class is designed specifically for families with multiple children. There will be jumpers and slides to climb on, jump off and crawl through. **Parent participation required.** Instructor: Maria Rossi

Activity #	Date	Age	Time	Fee (R/NR)
201012-W1	W Feb 8-Mar 15	0-6	10:45-11:45am	\$25/\$30 per child
201012-S1	W Mar 29-May 3	0-6	10:45-11:45am	\$25/\$30 per child

Location	Blacksburg Community Center
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## MUSIC TIME FOR THE FAMILY

This music class is especially designed for the growing toddler and preschooler to learn about and enjoy music together. Marci Craig is an Early Childhood Specialist. Themes will include favorite nursery rhymes. **Parent participation is required.**

Activity #	Date	Age	Time	Fee (R/NR)
202412-M1	F Feb 3-24	1-4	11-11:45am	\$40/\$50 per child

Location	Blacksburg Community Center
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## FREE SUMMER CAMP FAIR 2017

The Blacksburg Parks and Recreation Department would like to invite parents and friends to the annual Summer Camp Fair. Families will be introduced to area summer camps and assisted by camp professionals in planning summer activities. Potential camp staffers are also invited to attend and meet with the camping directors regarding employment.

Wednesday, March 15, 4:15 –6:15 pm, Blacksburg Community Center, 725 Patrick Henry Drive.

Area camps are invited to participate. Tables are \$15 for a standard eight foot table. Registration deadline is Monday March 13, Activity # 212300-S1.

For more information, call 540-961-1180 or email [jleahy@blacksburg.gov](mailto:jleahy@blacksburg.gov).

**SUMMER CAMP REGISTRATION WILL BEGIN MAY 9, 2017**

## ART & MORE FOR 2s

This delightful class will introduce your toddler to art in a semi-structured setting. The classes will consist of a variety of art projects, story time and songs. **Parent participation required.** Instructor: Maria Rossi

Activity #	Date	Age	Time	Fee (R/NR)
201100-W1	Tu Feb 7-Mar 14	2	9:45-10:45am	\$35/\$45
201100-W2	Th Feb 9-Mar 16	2	9:45-10:45am	\$35/\$45
201100-S1	Tu Mar 28-May 2	2	9:45-10:45am	\$35/\$45
201100-S2	Th Mar 30-May 4	2	9:45-10:45am	\$35/\$45

Location	Parks and Recreation Administrative Office
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## ART SMART

Toddlers will be exposed to different media while learning how to use colors, shapes, patterns and sizes. We will encourage imagination, expression and communication through art. The emphasis will be on fun and social interaction.

Activity #	Date	Age	Time	Fee (R/NR)
201101-W1	Tu Feb 7-Mar 14	3-4	11am-noon	\$35/\$45
201101-W2	Th Feb 9-Mar 16	3-4	11am-noon	\$35/\$45
201101-S1	Tu Mar 28-May 2	3-4	11am-noon	\$35/\$45
201101-S2	Th Mar 30-May 4	3-4	11am-noon	\$35/\$45

Location	Parks and Recreation Administrative Office
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**ANNUAL**

# Easter Egg Hunt!

Saturday, April 15 Municipal Park, Turner Street  
 Toddler to 3 years of age at 10:00 am  
 4-8 years of age at 10:30 am



Bring your Easter basket to collect eggs, and meet the Easter Bunny and special guest. After the egg hunt there will be a giant inflatable for jumping and play.

Cosponsored by Blacksburg Parks and Recreation Department, Virginia Tech Chapter of Circle K, and Chi Delta Alpha of Virginia Tech.

Call 540-961-1135 for more information or email [rhall@blacksburg.gov](mailto:rhall@blacksburg.gov).

# YOUTH PROGRAMS

## B3 BRICKS BOTS & BEAKERS CLASSES

All classes held at the Blacksburg Community Center.

### KID CODE

Learn to code with fun themed coding adventures such as Apposaurus Rex, Zoological, Monkey Business, Top Secret, or Super Powers. Create apps that you can download and play on your device.

Activity #	Date	Age	Time	Fee (R/NR)
202410-KC	Jan 21-Feb11	6-10	9am-noon	\$120/\$130

## LEGO MINDSTORMS ROBOTICS

Introduction to building and programming robots. Campers will work in groups to build and program awesome robots. Teams will find creative solutions to problems and then develop them through a process of selecting, building, testing, and evaluating.

Activity #	Date	Age	Time	Fee (R/NR)
202410-MS	Jan 21-Feb11	8-12	1-4pm	\$150/\$160

## LEGO EARLY ENGINEERING

Experience pulleys, levers, gears, and wheels and axles, while exploring energy, buoyancy, and balance through play.

Activity #	Date	Age	Time	Fee (R/NR)
202410-EE	Feb 18-Mar11	4-6	1-4pm	\$120/\$130

## LEGO ELEMENTARY ENGINEERING

This STEM class gives kids an understanding of simple machines, structures, and mechanisms. Build awesome working models including; a sweeper car, fishing rod, freewheeler, power car, dogbot, and more.

Activity #	Date	Age	Time	Fee (R/NR)
202410-ER	Feb 18-Mar11	8-14	1-4pm	\$120/\$130

## PIL SEUNG TAE KWON DO INTRODUCTORY PROGRAM

Korean Martial Art Olympic style program, stressing integrity, physical and mental fitness. No contract required. Ongoing program and fee is due by the first class of each month.

Activity #	Date	Age	Time	Fee (R/NR)
212206-02	M or W Feb	7 & up	4:30-5:15pm	\$35/\$45
212206-03	M or W Mar			
212206-04	M or W Apr			
212206-05	M or W May			
Activity #	Date	Age	Time	Fee (R/NR)
212205-02	Tu Feb	4-6	5:15-6pm	\$35/\$45
212205-03	Tu Mar			
212205-04	Tu Apr			
212205-05	Tu May			

Location	915 Hethwood Blvd, Unit 7 at Hethwood Shopping Center
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## HIGH SCHOOL TEEN CONNECTIONS NEW!

Become a Peer Educator, complete the program, and earn \$100. Gain the skills needed to make healthy and informed decisions about relationships, STI prevention, and more. Dinner is provided. For more information call 540-315-2130 or email Malinda.britt@ppsat.org.

Activity #	Date	Age	Time	Fee (R/NR)
202331-TC	Tu Jan 31-Mar 7	14-18	6-8pm	FREE

**TRAVIS COAD** Outdoor Supervisor  
 540-961-1133 • tcoad@blacksburg.gov

## SKIING

### THURSDAY NIGHTS SKIING/BOARDING IN WV

Blacksburg Parks & Recreation has worked with Winterplace Ski Resort to offer a night of skiing. The trips include transportation, lift ticket, ski rental, and 90 minute lesson. Personal equipment is welcome.

Activity #	Date	Age	Time	*Fee (R/NR)
230602-1	Th Jan 12	11 & up	4pm-midnight	\$60/\$70
230602-2	Th Jan 19	11 & up	4pm-midnight	\$60/\$70
230602-3	Th Jan 26	11 & up	4pm-midnight	\$60/\$70
230602-4	Th Feb 2	11 & up	4pm-midnight	\$60/\$70
230602-5	Th Feb 9	11 & up	4pm-midnight	\$60/\$70
230602-6	Th Feb 16	11 & up	4pm-midnight	\$60/\$70
230602-7	Th Feb 23	11 & up	4pm-midnight	\$60/\$70
230602-8	Th Mar 2	11 & up	4pm-midnight	\$60/\$70

\*There is an additional \$20 charge to upgrade for a snowboard rental.

Location	Trip will meet at the Blacksburg Community Center
Registration Deadline	Tuesday before the trip by 5pm

## BOATING

### KAYAK SKILLS COURSE: INTRO TO WHITE WATER KAYAKING

Learn the fundamentals of the roll, bracing, and edge control from experienced staff in an indoor pool. Necessary equipment is provided. Personal equipment is welcome.

Activity #	Date	Age	Time	Fee (R/NR)
430501-1	Su Jan 22	11 & up	10am-noon	\$20/\$30
430501-2	Su Feb 26	11 & up	10am-noon	\$20/\$30
430501-3	Su Mar 26	11 & up	10am-noon	\$20/\$30
430501-4	Su Apr 23	11 & up	10am-noon	\$20/\$30

Location	Blacksburg Aquatic Center
Registration Deadline	Thursday before the course by 5pm

## CLIMBING & CAVING

### ROCK CLIMBING

Introductory rock climbing in West Virginia designed for the novice and intermediate climber. Set your own pace and go as far as you want. Trained guides will provide you with the proper gear, instruction, and transportation.

Activity #	Date	Age	Time	Fee (R/NR)
230001-3	Sa Mar 18	11 & up	9am-5pm	\$20/\$30
230001-4	Sa Apr 8	11 & up	9am-5pm	\$20/\$30

Location	Blacksburg Community Center
Registration Deadline	Wednesday before the trip by 5pm

# OUTDOOR PROGRAMS

## CLIMBING & CAVING

### WONDERS OF THE UNDERWORLD: INTRO TO CAVING

Push, pull, crawl, and squirm through breathtaking passages. Experience total darkness and view unique cave formations. No experience is needed. *All caving is in accordance to the Caving Protocols in Response to White-Nose Syndrome in Virginia.*

Activity #	Date	Age	Time	Fee (R/NR)
230002-1	Sa Jan 14	11 & up	9am-5pm	\$20/\$30
230002-2	Sa Feb 11	11 & up	9am-5pm	\$20/\$30
230002-4	Sa Apr 1	11 & up	9am-5pm	\$20/\$30

Location	Blacksburg Community Center
Registration Deadline	Wednesday before the trip by 5pm

### WONDERS OF THE UNDERWORLD: INTERMEDIATE CAVING

Take your caving experience to the next level. View an underground waterfall or unique cave formations as you climb your way through a mountain. Participation in our Intro to Caving is highly recommended.

Activity #	Date	Age	Time	Fee (R/NR)
230002-3	Sa Mar 11	11 & up	9am-5pm	\$20/\$30

Location	Trip will meet at the Blacksburg Community Center
Registration Deadline	Wednesday before the trip by 5pm

## WORKSHOPS

### BICYCLE MAINTENANCE 101

Join Blacksburg Parks and Recreation and Bike Barn of Blacksburg to learn what to bring with you on your ride, routine maintenance, and how to patch a flat in a group-oriented hands-on class.

Activity #	Date	Age	Time	Fee (R/NR)
210305-B1	W Jan 4	8 & up	7-9pm	\$10/\$15
210305-B3	W Feb 1	8 & up	7-9pm	\$10/\$15
210305-B5	W Mar 1	8 & up	7-9pm	\$10/\$15
210305-B7	W Apr 5	8 & up	7-9pm	\$10/\$15

Location	Blacksburg Community Center
Registration Deadline	Day of the program by 5pm

### BICYCLE MAINTENANCE 102

Join Blacksburg Parks and Recreation and Bike Barn of Blacksburg to learn how to adjust a bicycle's shifting system, braking system, and what signs to look for when it's time to do those adjustments.

Activity #	Date	Age	Time	Fee (R/NR)
210305-B2	W Jan 18	8 & up	7-9pm	\$10/\$15
210305-B4	W Feb 15	8 & up	7-9pm	\$10/\$15
210305-B6	W Mar 15	8 & up	7-9pm	\$10/\$15
210305-B8	W Apr 19	8 & up	7-9pm	\$10/\$15

Location	Blacksburg Community Center
Registration Deadline	Day of the program by 5pm

## RIDES & HIKES

### HORSEBACK TRAIL RIDE

Spend the day horseback riding through the mountains and country side. This guided horseback ride is a two-hour trail ride through water crossings, wooded trails, and open pasture. Rides are led by professional staff from Reba Farm Inn and Saddle Soar Equitainment.

Activity #	Date	Age	Time	Fee (R/NR)
230401-2	Sa April 15	11 & up	8am-2pm	\$50/\$60
Location		Blacksburg Community Center		
Registration Deadline		Wednesday before the trip by 5pm		

### WALK-N- WINE: BUFFALO MOUNTAIN

Buffalo Mountain is a moderate two mile hike with spectacular 360 degree views. Bring your camera for this one. Afterwards take a moment to enjoy a special tasting, and winery tour, of Villa Appalachia just down the road.

Activity #	Date	Age	Time	Fee (R/NR)
230201-03	Sa Mar 4	21 & up	9am-5pm	\$20/\$30
Location		Trip will meet at the Blacksburg Community Center		
Registration Deadline		Wednesday before the trip by 5pm		



### HOLIDAY PINES FOR PARKS

Help beautify our parks by donating your used, live, root balled holiday trees to Blacksburg Parks & Recreation Department. Call to arrange a pick up. 540-961-1135.

For Additional Environmental Programs contact



Also open by appt. at other times for special tours and class field trips.  
107 Wharton St. SE • www.seedskids.org • discover@seedskids.org  
PO Box #24, Blacksburg VA 24063 • SEEDS is a 501(c)(3) charitable organization.

SEEDS is a nature-based community organization, in partnership with the Town of Blacksburg and Virginia Tech Department of Biological Sciences. The nature center located at Blacksburg's historic Price House, 107 Wharton Street SE is open to the public and offers educational enrichment programs, exhibits, and more. Come visit!

[www.seedskids.org](http://www.seedskids.org), [discover@seedskids.org](mailto:discover@seedskids.org)

# OUTDOOR PROGRAMS

## OUTDOOR PRESENTATION SERIES

Join Blacksburg Parks and Recreation and a host of local outdoor enthusiasts sharing their outdoor adventures.

### UNDERWATER & UNDERGROUND (EXPLORE CAVE DIVING)

Join NRV local and cave diver Christopher Garguilo as he talks about his local cave diving experiences and presents some of his short films from his local diving explorations.

Activity #	Date	Age	Time	Fee (R/NR)
230300-01	W Jan 11	8 & up	7-8pm	FREE

### THE TONGZI CAVE PROJECT, CHONGQING, CHINA

The Hong Meigui Cave Exploration Society have explored the karst and caves in Wulong County, Chongqing, China. Join NRV locals Mike and Andrea Futrell as they give an overview of the project and the 70 km of cave passage discovered.

Activity #	Date	Age	Time	Fee (R/NR)
230300-02	W Jan 25	8 & up	7-8pm	FREE

Location	Blacksburg Community Center.
Registration Deadline	Day of the program by 5pm



### GRAND OLD TIME IN THE BIG DITCH (A GRAND CANYON TRIP)

Get a firsthand account from David Goodman on a private trip through the Grand Canyon. He will show a short film "Grand Canyon in Winter." He will also discuss how to put together a private trip.

Activity #	Date	Age	Time	Fee (R/NR)
230300-03	W Feb 8	8 & up	7-8pm	FREE

### ARRANGE FOR A PRIVATE TRIP OR LESSON

Give us a call and let us set up a private trip/program out on the river, rocks, woods, or in the classroom.

You can also arrange for private lessons in canoeing or kayaking.

Call 540-961-1133 for more information.

**LYNNE KRULICH** Aquatic Supervisor  
 540-961-1852 • lkrulich@blacksburg.gov

## WATER EXERCISE PROGRAMS

### AQUATIC THERAPY FOR REHABILITATION AND EXERCISE

M-F 9-11am

Individuals can perform therapy under the direction of their own physician or physical therapist. In addition to a pass or daily admission fee a letter, from a physician or physical therapist, is required for admission and must be renewed yearly.

### WATER AEROBICS

#### Aqua Fit!

M-F 9-10am

M&W 7-8pm

Conducted in deep and shallow water, AquaFit! is designed to give a total body workout with little or no impact. Class includes cardio, toning, and stretching. Participants should be comfortable in deep water. Flotation belts available.

### B.Y.O.B. - BRING YOUR OWN BABY (AND YOU!)

W Mar 15-May 17, 10-10:30am

This fun class uses the baby as resistance equipment for the parent. The parent receives a great water workout while songs and games entertain the child. Ages six months to five years.

## AMERICAN RED CROSS LEARN-TO-SWIM PROGRAM

**\*No Learn-To-Swim Lessons March 5-11.**

### WATER BABIES & BUGS (6-36 months)

**Parent participation required.** Class provides experiences and activities for parents and children including entering/exiting the water safely, getting comfortable in the water, exploring buoyancy and changing body positions in the water.

Activity #	Date	Time	Fee (R/NR)	Deadline to Register
239000-01	M, W Jan 16-25	5-5:30pm	\$35/\$45	Jan 13
239000-02	M, W Feb 20-Mar 1	5-5:30pm	\$35/\$45	Feb 17
239000-03	M, W Apr 3-12	5-5:30pm	\$35/\$45	Mar 31
239000-04	Sa Jan 21-Feb 18	9-9:30am	\$40/\$50	Jan 20
239000-05	Sa Mar 18-Apr 15	9-9:30am	\$40/\$50	Mar 17

# AQUATICS PROGRAMS

## AMERICAN RED CROSS LEARN-TO-SWIM PROGRAM

### Preschool Levels

#### GUPPIES (3-5 years)

**Must be completely independent of parent.** Objective is to help participants feel comfortable and safely enjoy the water. Includes front/back floating, blowing bubbles, and paddle strokes on front and back with support.

Activity #	Date	Time	Fee (R/NR)	Deadline to Register
239010-01	M, W Jan 16-Feb 8	5:35-6:05pm	\$50/\$60	Jan 13
239010-02	Tu, Th Jan 17-Feb 9	5-5:30pm	\$50/\$60	Jan 16
239010-03	M, W Feb 20-Mar 22	5:35-6:05pm	\$50/\$60	Feb 17
239010-04	Tu, Th Feb 21-Mar 23	5-5:30pm	\$50/\$60	Feb 20
239010-05	M, W Apr 3-26	5:35-6:05pm	\$50/\$60	Mar 31
239010-06	Tu, Th Apr 4-27	5-5:30pm	\$50/\$60	Apr 3
239010-07	Sa Jan 21-Feb 18	9:35-10:05am	\$40/\$50	Jan 20
239010-08	Sa Mar 18-Apr 15	9:35-10:05am	\$40/\$50	Mar 17

#### MINNOWS (3-5 years)

**Must be completely independent of parent.** Building on skills taught in Guppies while building confidence and independence. Skills include front/back floating, underwater exploration, combined stroke with breathing, kicking on back and front unsupported.

Activity #	Date	Time	Fee (R/NR)	Deadline to Register
239015-01	M, W Jan 16-Feb 8	5:35-6:05pm	\$50/\$60	Jan 13
239015-02	Tu, Th Jan 17-Feb 9	5:35-6:05pm	\$50/\$60	Jan 16
239015-03	M, W Feb 20-Mar 22	5:35-6:05pm	\$50/\$60	Feb 17
239015-04	Tu, Th Feb 21-Mar 23	5:35-6:05pm	\$50/\$60	Feb 20
239015-05	M, W Apr 3-26	5:35-6:05pm	\$50/\$60	Mar 31
239015-06	Tu, Th Apr 4-27	5:35-6:05pm	\$50/\$60	Apr 3
239015-07	Sa Jan 21-Feb 18	9:35-10:05am	\$40/\$50	Jan 20
239015-08	Sa Mar 18-Apr 15	9:35-10:05am	\$40/\$50	Mar 17

### Learn-to-Swim Levels

#### LEVEL 1 - STARFISH (6+ years)

Beginner swimmers. Participants learn to be comfortable in water and to enjoy the water safely. Basic skills set foundations for skills in later levels, including: floating, front/back glides, rolling over, and combined strokes with support.

Activity #	Date	Time	Fee (R/NR)	Deadline to Register
239018-01	M, W Jan 16-Feb 8	6:10-6:55pm	\$50/\$60	Jan 13
239018-02	Tu, Th Feb 21-Mar 23	6:10-6:55pm	\$50/\$60	Feb 20
239018-03	M, W Apr 3-26	6:10-6:55pm	\$50/\$60	Mar 31
239018-04	Sa Jan 21-Feb 18	10:10-10:55am	\$40/\$50	Jan 20
239018-05	Sa Mar 18-Apr 15	10:10-10:55am	\$40/\$50	Mar 17

## AMERICAN RED CROSS LEARN TO SWIM PROGRAM

### Learn-to-Swim Levels

#### LEVEL 2 – SEA TURTLES (6+ years)

**Prerequisite:** Level 1 or must be able to demonstrate requirements for level 1. Participants learn to float without support, front and back glides, and combined stroke on front and back with rhythmic breathing.

Activity #	Date	Time	Fee (R/NR)	Deadline to Register
239020-01	M, W Jan 16-Feb 8	6:10-6:55pm	\$50/\$60	Jan 13
239020-02	Tu, Th Feb 21-Mar 23	6:10-6:55pm	\$50/\$60	Feb 20
239020-03	M, W Apr 3-26	6:10-6:55pm	\$50/\$60	Mar 31
239020-04	Sa Jan 21-Feb 18	10:10-10:55am	\$40/\$50	Jan 20
239020-05	Sa Mar 18-Apr 15	10:10-10:55am	\$40/\$50	Mar 17

#### LEVEL 3 – STING RAYS (6+ years)

**Prerequisite:** Level 2 or must be able to demonstrate requirements for level 2. Skills taught include front crawl, back crawl, butterfly kick, and open turns, diving from the side and treading water.

Activity #	Date	Time	Fee (R/NR)	Deadline to Register
239030-01	Tu, Th Jan 17-Feb 9	6:10-6:55pm	\$50/\$60	Jan 16
239030-02	M, W Feb 20-Mar 22	6:10-6:55pm	\$50/\$60	Feb 17
239030-03	Tu, Th Apr 4-27	6:10-6:55pm	\$50/\$60	Apr 3
239030-04	Sa Jan 21-Feb 18	11-11:45am	\$40/\$50	Jan 20
239030-05	Sa Mar 18-Apr 15	11-11:45am	\$40/\$50	Mar 17

#### LEVEL 4 – SWORDFISH (6+ years)

**Prerequisite:** Level 3 or must be able to demonstrate requirements for level 3. Introduces the elementary backstroke, breaststroke and elements of the sidestroke. Skills taught include breaststroke, treading water, elementary backstroke, diving skills, butterfly, and open turns.

Activity #	Date	Time	Fee (R/NR)	Deadline to Register
239040-01	Tu, Th Jan 17-Feb 9	6:10-6:55pm	\$50/\$60	Jan 16
239040-02	M, W Feb 20-Mar 22	6:10-6:55pm	\$50/\$60	Feb 17
239040-03	Tu, Th Apr 4-27	6:10-6:55pm	\$50/\$60	Apr 3
239040-04	Sa Jan 21-Feb 18	11-11:45am	\$40/\$50	Jan 20
239040-05	Sa Mar 18-Apr 15	11-11:45am	\$40/\$50	Mar 17

#### LEVEL 5 – DOLPHINS (6+ years)

**Prerequisite:** Level 4 or must be able to demonstrate requirements for level 4. Participants refine strokes and increase endurance. Skills taught include breaststroke, sidestroke, introduction to flip turns, treading water, and surface dives.

Activity #	Date	Time	Fee (R/NR)	Deadline to Register
239050-01	Tu, Th Jan 17-Feb 9	6:10-6:55pm	\$50/\$60	Jan 16
239050-02	Tu, Th Feb 21-Mar 23	6:10-6:55pm	\$50/\$60	Feb 20
239050-03	Tu, Th Apr 4-27	6:10-6:55pm	\$50/\$60	Apr 3
239050-04	Sa Jan 21-Feb 18	11-11:45am	\$40/\$50	Jan 20
239050-05	Sa Mar 18-Apr 15	11-11:45am	\$40/\$50	Mar 17

# AQUATICS PROGRAMS

## ADULT SWIM CLASSES

### GET WET (15+ years)

Designed for adults or teens that may be fearful about participation in water activities, instructors will provide patience and understanding while developing fundamental skills in basic water safety, water adjustment, and swimming techniques.

Activity #	Date	Age	Fee (R/NR)	Deadline to Register
239080-01	Sa Jan 21-Feb 18	11-11:45am	\$40/\$50	Jan 20
239080-02	Sa Mar 18-Apr 15	11-11:45am	\$40/\$50	Mar 17

### SYNCHRONIZED SWIMMING FOR CHILDREN – LEVEL 2 (7-14 YEARS OLD)

Level 2 continues to teach the fundamentals of this graceful sport and helps students develop routines. Prerequisite: Completion of Introduction To Synchronized Children or Instructor permission.

Activity #	Date	Age	Fee (R/NR)	Deadline to Register
239083-01	Jan 24-Apr 11	6-7pm	\$90	Jan 24

\* No class Mar 7

## SPECIAL EVENT

### POLAR TUB PLUNGE **NEW!**

Take the plunge with a fun-filled evening of frigid water, swimming, sliding and refreshments. This pool party features a cold tub, a warm pool, hot cocoa, and big smiles. Bring the family, bathing suits, and warm towels.

Activity #	Date	Age	*Fee	Deadline to Register
239079-01	Sa Jan 7	7-10pm	\$5	Jan 7

\* Fee goes to support the ORCAS swim team.

## SWIM PROGRAMS

### CONDITIONING AND TRAINING (CATT) (5-18 years)

Supervised practices in a fun and supportive environment. Focus on improving techniques for all strokes. **Prerequisite: Must be able to swim 50 yards without stopping or holding onto pool deck / lane lines and tread water for 60 seconds.**

Activity #	Date	Time	Fee (R/NR)
239099-01	M, Th Jan 9-30	6-7pm	\$35/\$45
239099-02	M, Th Feb 2-27	6-7pm	\$35/\$45
239099-03	M, Th Mar 2-30	6-7pm	\$35/\$45
239099-04	M, Th Apr 3-27	6-7pm	\$35/\$45
239099-05	M, Th May 2-18	6-7pm	\$25/\$35

\*No CATT Mar 6, 9 or Apr 17

## RED CROSS PROGRAMS

### LIFEGUARD TRAINING (15 years & up)

Lifeguard candidates will learn the skills and knowledge needed to prevent, recognize and respond quickly to aquatic emergencies. Contact the Aquatic Center at 540-961-1852 for prerequisites.

Activity #	Date	Time	Fee (R/NR)	Register by
239210-01	M-F Feb 20-24	4-9pm	\$215/\$225	Feb 17
239210-02	M-F Mar 27-31	4-9pm	\$215/\$225	Mar 24
239210-03	M-F Apr 24-28	4-9pm	\$215/\$225	Apr 21

## RED CROSS PROGRAMS

### LIFEGUARD RECERTIFICATION CLASS (15 Years & up)

Get the skills required to renew ARC Lifeguard Training, CPR/FPR, AED, and First Aid certifications included. Participants must have a current American Red Cross Lifeguarding certification or be expired less than one year prior to the start of the class.

Activity #	Date	Time	Fee (R/NR)	Register by
239220-01	M, Tu Feb 27 & 28	5-9pm	\$65/\$75	Feb 24
239220-02	M, Tu Mar 20 & 21	5-9pm	\$65/\$75	Mar 17
239220-03	M, Tu Apr 10 & 11	5-9pm	\$65/\$75	Apr 7

### COMMUNITY ADULT, CHILD & INFANT CPR/AED

Learn to respond in an emergency situation with skills that can save a life. Skills include caring for conscious and unconscious choking victims, CPR and use of automated external defibrillator (AED) for sudden cardiac arrest.

Activity #	Date	Age	Time	Fee (R/NR)	Register by
239225-01	Th Feb 16	11 & up	6-9pm	\$70/\$80	Feb 15
239225-02	Th Apr 27	11 & up	6-9pm	\$70/\$80	Apr 26

Location	Blacksburg Community Center
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### COMMUNITY FIRST AID

To teach lay responders the knowledge and skills necessary to give care in an emergency, help sustain life and minimize the consequences of injury or sudden illness until medical help arrives.

Activity #	Date	Age	Time	Fee (R/NR)	Register by
239218-01	Th Mar 23	11 & up	6-9pm	\$50/\$60	Mar 22

Location	Blacksburg Community Center
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### BABYSITTER'S TRAINING

Learn to care for children and infants, be a good leader and role model, make good decisions, solve problems, and keep children safe. Includes certifications for First Aid and Pediatric CPR. Please bring lunch.

Activity #	Date	Age	Time	Fee (R/NR)	Register by
239228-01	Sa Feb 18	11-15	9am-4pm	\$65/\$75	Feb 17
239228-02	Sa Mar 25	11-15	9am-4pm	\$65/\$75	Mar 24
239228-03	Sa Apr 29	11-15	9am-4pm	\$65/\$75	Apr 28

Location	Blacksburg Community Center
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## SWIM LESSONS

### PRIVATE SWIM LESSONS

Private swim lessons are available for all ages and abilities. Instructors will develop a program which meets the goals, needs and schedules of students. Lessons are 30 minutes each and one hour lessons are available.

Five 30 minute lessons \$85

Ten 30 minute lessons \$160

### SEMI-PRIVATE SWIM LESSONS

Semi-private swim lessons are for two to three participants. Clients must form groups of similar ages and/or ability levels. Days and times are arranged per participant's schedule. Lessons are 30 minutes each.

Five 30 minute lessons \$45 per person

Ten 30 minute lessons \$80 per person

# MUNICIPAL GOLF COURSE

**JEFF KLEPPIN** Golf Shop Supervisor  
540-961-1137 • jkleppin@blacksburg.gov

## GOLF RATES

Daily Green Fees	Regular	Twilight
Walking	\$15	\$12
Walking (Junior)	\$ 8	
9 Holes with cart	\$20	\$18
18 Holes with cart	\$28	\$26
Nine hole cart fee	\$ 8	
Club Rental	\$10	
Pull Cart Rental	\$ 3	
<b>Annual Passes</b>	<b>Rate</b>	
FULL Family Pass	\$550	
FULL Individual Pass	\$400	
FULL Senior Pass (age 60+)	\$360	
Mon-Fri Pass	\$350	
Mon-Fri Senior (age 60+)	\$315	
College Pass (Aug-May)	\$300	
Junior Pass (Age 17-under)	\$250	
6 Month Pass (Apr-Sept)	\$250	
Annual Cart Fee Add-on (per person)	\$600	

All annual passes run from June 1 through May 31 and are prorated monthly.



VISIT THE HILL ONLINE AT

[www.golfthehill.com](http://www.golfthehill.com)

[www.facebook.com/golfthehill](https://www.facebook.com/golfthehill)

[www.twitter.com/golfthehill](https://www.twitter.com/golfthehill)

for daily announcements and  
important information.

From now through March 31, on days when the high temperature will not reach 40 degrees, the shop MAY be closed and no rental equipment will be available. Walkers who wish to brave the elements are still welcome to play, but there will be no shop amenities available. Please call ahead to insure that you have the very latest closing information.



**ADAM LLOYD** Athletic Supervisor  
540-961-1179 • [alloyd@blacksburg.gov](mailto:alloyd@blacksburg.gov)

## YOUTH ATHLETICS

### YOUTH T-BALL

Sign up in person or over the phone. Late registrations taken upon availability, will be assessed a \$10 late fee. Practices and games will start in April. Practice – one hour/weekday evening. Games on Saturday mornings.

Activity #	Date	*Age	Time	Fee (R/NR)
205000-TB	Apr-Jun	5-6	TBA	\$40/\$50

\* As of Aug. 1, 2017

Location	Nellie's Cave T-Ball Field
Registration	M Feb 6-F Mar 10



### GIRLS YOUTH VOLLEYBALL

Sign up in person or over the phone. Late registrations taken upon availability, will be assessed a \$10 late fee. Practices will start in March. Practice – one hour/weekday evening. Games on Saturday mornings.

Activity #	Date	Age	Time	Fee (R/NR)
205007-VB	Mar-Apr	Grades 5-8	TBA	\$35/\$45

Location	Blacksburg Community Center and Kipps Gym
Registration	Tu Jan 17-F Feb 17

### TEEN BASKETBALL

Register as a team with completed roster at the Parks and Recreation Administrative Office. Please note updated format on roster sheet before registering.

Activity #	Date	Age	Time	Fee (R/NR)
205005-TB	Feb-Mar	Grades 9-12	Sunday Afternoon	\$240/team

Location	Kipps Elementary Gym
Registration	Tu Jan 10-F Jan 27

## YOUTH TENNIS

### YOUTH TENNIS | YOUTH MOVEMENT AND AGILITY THRU TENNIS

Youth tennis classes are designed to introduce players ages 4-5 to the sport of tennis in a fun and games format, with courts, nets and equipment scaled to fit the age of the players.

Activity #	Date	Age	Time	Fee (R/NR)
205310-YT	Sa Jan 28-Mar 25	4-5	10:30-11:30am	\$50/\$60

Location	Blacksburg Community Center
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# ATHLETIC PROGRAMS

## ADULT ATHLETICS

### ADULT BEGINNER TENNIS CLINIC

Learn to hit forehands, backhands, volleys, and serves.

Activity #	Date	Age	Time	Fee (R/NR)
205310-T1	M, F Apr 17-May 26	18 & up	6-7:30pm	\$90/\$100
Location	Municipal Park Tennis Courts			
Registration	M Feb 27-F Apr 7			

### SOFTBALL

Registration will be at the administrative office, 615 Patrick Henry Dr. No mail or phone registrations will be accepted. A signed roster complete with names, addresses and phone numbers along with the entire entry fee are due at the time of registration.

Ball Requirements: Balls must be marked core 44 or 47, cork center.

Bat Restrictions: No Miken Ultra II bats of any kind allowed.

For more information, please call 540-961-1135. Play begins the week of April 17 or 24.

Church Adult Softball Leagues

League Eligibility: Must be a member or attending the sponsoring church. Allowed to play in one church league only.



### CHURCH ADULT SOFTBALL LEAGUES

League Eligibility: Must be a member or attending the sponsoring church. Allowed to play in one church league only.

Activity #	Date	*Age	Time	Fee (R/NR)
215001-CA	Apr-Jul	14 & up	TBA	\$250
215001-CB	Apr-Jul	14 & up	TBA	\$250
215001-CC	Apr-Jul	14 & up	TBA	\$250

\* As of Aug 1, 2017

Location	Jaycee and Tom's Creek Fields
Registration	Feb 27-Mar 24

## ADULT ATHLETICS



### COED ADULT SOFTBALL LEAGUES

League Eligibility: Allowed to play in one coed league only.

Activity #	Date	*Age	Time	Fee (R/NR)
215001-XA	Apr-Jul	17 & up	TBA	\$250
215001-XB	Apr-Jul	17 & up	TBA	\$250
215001-XC	Apr-Jul	17 & up	TBA	\$250

\* As of Aug 1, 2017

Location	Jaycee and Tom's Creek Fields
Registration	Feb 27-Mar 24

### MEN'S ADULT SOFTBALL LEAGUES

League Eligibility: 50% of roster must be town residents. Additional fee of \$10 per non-resident, (please see resident description in "General Information" section in the front of brochure). Allowed to play in one men's league only.

Activity #	Date	*Age	Time	Fee (R/NR)
215001-MA	Apr-Jul	17 & up	TBA	\$250
215001-MB	Apr-Jul	17 & up	TBA	\$250
215001-MC	Apr-Jul	17 & up	TBA	\$250

\* As of Aug 1, 2017

Location	Jaycee and Tom's Creek Fields
Registration	Feb 27-Mar 24

### ADULT VOLLEYBALL LEAGUES

#### 6 vs. 6 league with officials

Registration: Jan 10-23. Games start the week of Jan 30 at the Blacksburg Community Center, 725 Patrick Henry Dr. Registration packets available at the center or by email request.

Activity #	Date	Fee (R/NR)
212401-V1 Coed	M & Th between 7-10pm	\$125/team
212401-V2 Women	M between 7-10pm	\$125/team

Location	Blacksburg Community Center
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#### Open Adult Lunchtime Volleyball

Ages: 18 & up  
 Date: M, W, F  
 Time: Noon-2pm  
 Place: Blacksburg Community Center  
 Fee: Free

#### Open Adult Badminton

Ages: 18 & up  
 Date: Tu  
 Time: 11am-12:30pm  
 Place: Blacksburg Community Center  
 Fee: Free

All Open Adult Programs are subject to change without notice. Please call the Blacksburg Community Center before coming at 540-961-1149.

# ACTIVE ADULT PROGRAMS

**JOY HERBERT** Senior Supervisor  
540-961-1134 • jherbert@blacksburg.gov

## 2017 WINTER / SPRING DANCE PROGRAMS

### BALLROOM, LATIN, AND SWING DANCE FOR ADULTS

Experience the thrill and fun of social partner dancing; it's a great way to meet people or have fun with friends. No partner required. Loyalty and group discounts available. Questions? Contact Sapphire Ballroom at 540-382-8782, info@SapphireDance.com, or visit SapphireDance.com. **\*Fee/person: \$32 payable to Sapphire Ballroom**

### WINTER /SPRING SAMPLER– FREE

Perfect for new dancers and those interested in dance classes but don't know where to start. Learn about dance styles and discounts before signing up. Attendees get \$8 off a Sapphire Dance Class.

Activity #	Date	Age	Time	Fee (R/NR)
212100-Q1	W Jan 11	14 & up	7-8pm	FREE

## SESSION 1 - JANUARY / FEBRUARY

### WEST COAST SWING: LEVEL 1

Slinky, sassy, and sexy. Danced to a variety music styles, including blues, slow hip hop, and pop, West Coast Swing is all about fun and full of attitude. Prior Swing experience recommended.

Activity #	Dates	Age	Time	*Fee (R/NR)
212100-S1	Tu Jan 17-Feb 7	14 & up	6:15-7:15pm	\$32+ \$5/\$10

### SLOW DANCING - NIGHT CLUB 2-STEP: LEVEL 1

Looking for the perfect slow dance for weddings and parties? Night Club 2-Step is it: graceful and romantic; ideal for proms, weddings, and special occasions.

Activity #	Dates	Age	Time	*Fee (R/NR)
212100-C1	Tu Jan 17-Feb 7	14 & up	7:15-8:15pm	\$32+ \$5/\$10

### ARGENTINE TANGO: LEVEL 1

This intense, dramatic dance will inspire you to new levels of creativity, connection, and musicality. Want more? Check out the "Classes-by-Request" to see how you can get it.

Activity #	Dates	Age	Time	*Fee (R/NR)
212100-L1	Tu Jan 17-Feb 7	14 & up	8:15-9:15pm	\$32+ \$5/\$10

### WALTZ: LEVEL 1 - GREAT FOR BEGINNERS

Never danced before? Try this ballroom classic. The light and airy grace of Waltz glides across the floor - whirling like a classic romantic movie.

Activity #	Dates	Age	Time	*Fee (R/NR)
212100-B1	W Jan 18-Feb 8	14 & up	6-7pm	\$32+ \$5/\$10

## 2017 WINTER / SPRING DANCE PROGRAMS

### SESSION 1 - JANUARY / FEBRUARY

#### CHA CHA: LEVEL 1

Fast and sassy, Cha Cha is a cheeky, sexy Latin dance perfect for dancing to contemporary R&B, funk, country, and classic rock as well as popular Latin music.

Activity #	Dates	Age	Time	*Fee (R/NR)
212100-L2	W Jan 18-Feb 8	14 & up	7-8pm	\$32+ \$5/\$10

#### FOX TROT: VARIATIONS

Sail onto the dance floor like Fred Astaire as we take this ballroom classic and “Waltz-ify” it, making favorite Waltz figures work in Fox Trot timing. Previous Waltz or Fox Trot required.

Activity #	Dates	Age	Time	*Fee (R/NR)
212100-B2	W Jan 18-Feb 8	14 & up	8-9pm	\$32+ \$5/\$10

### SESSION 2 - FEBRUARY / MARCH

#### COUNTRY TWO-STEP: LEVEL 1

If you love country music and want an energy-packed hour, then this dance is for you. This class will teach you to glide across the floor and spin like you’ve never spun before.

Activity #	**Dates	Age	Time	*Fee (R/NR)
212100-C2	Tu Feb 21-Mar 21	14 & up	6:15-7:15pm	\$32+ \$5/\$10

\*\* No class Mar 7.

#### BACHATA: LEVEL 1

Love to Salsa and Merengue? Try Bachata. With approachable steps and medium speed, Bachata is fun for new and experienced dancers alike who want to dance at Latin clubs.

Activity #	**Dates	Age	Time	*Fee (R/NR)
212100-L3	Tu Feb 21-Mar 21	14 & up	7:15-8:15pm	\$32+ \$5/\$10

\*\* No class Mar 7.

#### SWING: LEVEL 1 - FAST AND FUN FOR NEW DANCERS

Get ready to dance the night away to groovy rock n’ roll and upbeat blues with this hip, happy dance filled with exciting twists and turns sure to get your toes tapping.

Activity #	**Dates	Age	Time	*Fee (R/NR)
212100-S2	W Feb 22-Mar 22	14 & up	6-7pm	\$32+ \$5/\$10

\*\* No class Mar 7.

#### VIENNESE WALTZ: LEVEL 1

Related to the slow Waltz, Viennese Waltz is a high-speed, high-energy carnival ride packed onto the dance floor. Join the adventure. Previous dance experience is recommended.

Activity #	**Dates	Age	Time	*Fee (R/NR)
212100-B3	W Feb 22-Mar 22	14 & up	7-8pm	\$32+ \$5/\$10

\*\* No class Mar 8.

# ACTIVE ADULT PROGRAMS

## 2017 WINTER / SPRING DANCE PROGRAMS

### SESSION 3 - APRIL

#### POLKA: LEVEL 1

Tired of watching other people Polka? You'll find this fun dance at family reunions, festivals, and (of course) Oktoberfest - really anywhere there's a fiddle. Learn the basics, stop watching, and start dancing.

Activity #	Dates	Age	Time	*Fee (R/NR)
212100-C3	Tu Apr 4-25	14 & up	6:15-7:15pm	\$32+ \$5/\$10

#### LATIN CLUB DANCING - SALSA & MERENGUE: LEVEL 1

Add a little spice to your dance life with these saucy Latin dances: they're fast, fun, and ready to party.

Activity #	Dates	Age	Time	*Fee (R/NR)
212100-L4	Tu Apr 4-25	14 & up	7:15-8:15pm	\$32+ \$5/\$10

#### CAROLINA SHAG: LEVEL 1

Love Beach Music? Learn to move those boogie shoes and go dancin' in the sand with this southern classic. Previous experience with Swing is helpful, but not required.

Activity #	Dates	Age	Time	*Fee (R/NR)
212100-S3	W Apr 5-26	14 & up	6-7pm	\$32+ \$5/\$10

#### RUMBA: LEVEL 1 - GREAT FOR BEGINNERS

Slow and romantic, Rumba's casual luxury embraces many popular music styles making it a favorite with new dancers and a great first dance for a wedding.

Activity #	Dates	Age	Time	*Fee (R/NR)
212100-L5	W Apr 5-26	14 & up	7-8pm	\$32+ \$5/\$10

#### CLASS-BY-REQUEST (A.K.A "CBR") FOR SOCIAL DANCE CLASSES

Have you taken some Social Dance classes and want to continue the fun in higher levels? Good news. These classes have been reserved for you. Contact Sapphire regarding which classes you'd like to see in these slots.

Activity #	Dates	Age	Time	*Fee (R/NR)
212100-Q2	**Tu Feb 21-Mar 21	14 & up	8:15-9:15pm	\$32+ \$5/\$10
212100-Q3	***W Feb 22-Mar 22	14 & up	8-9pm	\$32+ \$5/\$10
212100-Q4	Tu Apr 4-25	14 & up	8:15-9:15pm	\$32+ \$5/\$10
212100-Q5	W Apr 5-26	14 & up	8-9pm	\$32+ \$5/\$10

\*\* No class Mar 7. \*\*\*No class Mar 8.



## HEALTH AND FITNESS EXERCISE CLASSES

The following seven classes are ongoing and interchangeable. Passes are good for one year from the date of purchase. Each participant needs to purchase their own pass. A pass must be active in order to participate in the class. Please check with a doctor before beginning any fitness program.

Fees (R/NR): 13 time pass \$25/\$35; 35 time pass \$55/\$65

### STRENGTH TRAINING CLASS

Whether you are just committing to a stronger self or want to improve your current routine, this class is for you. You'll also improve balance, range of motion, good posture and functional performance of everyday activities.

Date	Time
Tu, Th	9-9:55am

### AEROBICS

Program focuses on improving muscular strength and endurance, flexibility, range of motion, stability and balance. Learn to develop a healthy lifestyle in a comfortable atmosphere. It's never too late to start.

Date	Time
M, W, F	8:30-9:25am

### HEALTHY BACKS

An exercise class with a focus on participants regaining or maintaining muscular strength, flexibility, balance, and a back free of pain and stiffness. Fitness and relaxation as well as other benefits.

Date	Time
M, W, F	10:30-11:25am

### PILATES

A gentle introduction to the fundamentals of Matwork Pilates. Strengthen and lengthen your body through sequential movement and development of core support with proper breathing.

Date	Time
Tu, Th	10-10:55am

### 30 MINUTE GET FIT WITH HIIT! (HIGH INTENSITY INTERVAL TRAINING)

Come in right after work, get a strenuous workout, and leave for home – all in 30 minutes.

Date	Time
Tu, Th	5:15-5:45pm

### CHAIR EXERCISE NEW!

A 45-minute class that will include five segments: warm up, low impact cardio (adaptable to those unable to exercise standing), resistance, cool down, and relaxation.

Date	Time
Tu, Th	8:15-9am

### ZUMBA

Fuses Latin and international rhythms with easy-to-follow moves to create a dynamic, exciting, and effective workout programs. This is a higher intensity workout designed for ages 18 and above.

Date	Time
M, W, F, Sa	9:30-10:25am
Tu	6:30-7:30pm
Th	6-7pm

# ACTIVE ADULT PROGRAMS

## HEALTH AND FITNESS

### YOGA PASSES

Gain strength and flexibility with gentle yoga for those with limited physical abilities or who are beginning to get into exercise. Pay only for the classes attended.

Activity	Date	Age	Time	Fee (R/NR)
Gentle Yoga	Tu, Th	16 & up	10:15-11:45am	Six time pass \$45/\$55
Beg/Mod Yoga	W	16 & up	5:45-7:15pm	12 time pass \$85/\$95



### MORNING TAI CHI

Increase your balance, strength, circulation and mental focus in this class. Tai Chi is based on slow, gentle and relaxed movements that incorporate the whole body.

Activity #	Date	Activity #	Time	Fee (R/NR)
223503-B1	Tu, Th Jan 17-Feb 23	Designed for ages 50 & above but all are welcome	10-11am	\$15/\$25 per session
223503-B2	Tu, Th Mar 7-Apr 13			
223503-B3	Tu, Th Apr 25-Jun 1			

### EVENING TAI CHI

Increase your balance, strength, circulation and mental focus in this class. Tai Chi is based on slow, gentle and relaxed movements that incorporate the whole body.

Activity #	Date	Activity #	Time	Fee (R/NR)
223503-A1	Tu, Th Jan 17-Feb 23	Designed for ages 50 & above but all are welcome	7:30-8:30pm	\$15/\$25 per session
223503-A2	Tu, Th Mar 7-Apr 13			
223503-A5	Tu, Th Apr 25-Jun 1			

## HEALTH AND FITNESS

### NEW YEAR – NEW YOU! **NEW!**

Nathan Elder, fitness leader, has information to share in these two presentations designed to help you maintain health and improve fitness for the New Year.

Activity	Date	Subject	Time	Fee (R/NR)
223501-A1	W Jan 11	Exercises for a rainy day	10-11am	FREE but registration is required
223502-A1	M Jan 23	Fall prevention exercises	10-11am	

Location	Blacksburg Community Center
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### STEP ON IT! **NEW!**

Need incentive to start or maintain a regular exercise program? Need motivation to get more movement in your day outside of regular exercise? Fitness leader, Nathan Elder, will help you meet your goals. Program is sponsored by Gentiva Home Health

Activity	*Date	Age	Time	Fee (R/NR)
223505-A1	Program begins Jan 16	Adults	TBD	FREE but registration is required.

\* Program includes weekly check-ins with our trainer and a pedometer.

Location	Blacksburg Community Center
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### FITNESS CENTER PASSES

The Senior Fitness Center features treadmills, stationary bikes, elliptical trainers, weight machine, step machines and free weights. Five times pass \$10; 30 times pass \$35; 50 times pass \$50. All passes are good for one year from date of purchase.

### FITNESS CENTER ORIENTATION

After purchasing a pass for the fitness center, staff can provide general instruction on the proper use of the fitness center equipment. Once registered for the orientation, staff will set up an appointment. For exercise beginners or those with specific needs, try the Personal Training program with a certified trainer. Activity #: 223320-A1

### PERSONAL TRAINING

A doctor's written permission is required to participate in this program. Each package purchased is good up to one year. Fee (R/NR): Five sessions \$85/\$95; 10 sessions \$160/\$170; Use of fitness center will be an additional charge.

## CLASSES FOR EDUCATION AND LEISURE

### COOKING WITH CONFIDENCE SEMINARS

Chef Ed is back. With fresh, organic ingredients, Chef Ed advocates for easy, affordable, healthy recipes. There will be opportunities for hands on participation and a light meal. Classes will be held at the Blacksburg Community Center.

#### SEMINAR #1 - CUBAN

Chicken, pork, plantains, yellow rice, peppers, and onions come together for a colorful and easily prepared meal.

Activity #	Date	Age	Time	Fee (R/NR)
212331-C1	M Feb 6	16 & up	6-8pm	\$15/\$25

#### SEMINAR #2 - THAI CURRY

An all vegetable Thai-style curry dish that has been featured at local farmers markets.

Activity #	Date	Age	Time	Fee (R/NR)
212331-C2	M Feb 13	16 & up	6-8pm	\$15/\$25

#### SEMINAR #3 - VIETNAMESE PHO

A fresh, quick, and easy recipe that stays true to traditional versions.

Activity #	Date	Age	Time	Fee (R/NR)
212331-C3	M Feb 20	16 & up	6-8pm	\$15/\$25

#### SEMINAR #4 - SUSHI

Learn how to roll your own sushi, while developing new vegetable cutting techniques.

Activity #	Date	Age	Time	Fee (R/NR)
212331-C4	M Feb 27	16 & up	6-8pm	\$15/\$25

#### SEMINAR #5 - TACOS

A few taco varieties that can be prepped and enjoyed all week

Activity #	Date	Age	Time	Fee (R/NR)
212331-C5	M Mar 6	16 & up	6-8pm	\$15/\$25

#### SEMINAR #6 - SEAFOOD

Seafood preparation techniques and pairing for a variety of amazing dishes.

Activity #	Date	Age	Time	Fee (R/NR)
212331-C6	M Mar 13	16 & up	6-8pm	\$15/\$25

#### SEMINAR #7 - STEAK

Perfect steak indoors and roasted potatoes to die for.

Activity #	Date	Age	Time	Fee (R/NR)
212331-C7	M Mar 20	16 & up	6-8pm	\$15/\$25

#### SEMINAR #8 - PERFECT - FRIED CHICKEN

Methods for best success when frying just about anything.

Activity #	Date	Age	Time	Fee (R/NR)
212331-C8	M Mar 27	16 & up	6-8pm	\$15/\$25

#### SEMINAR #9 - VEGETARIAN DELIGHT

Vegetarian Delight – how to make vegetables extra tasty.

Activity #	Date	Age	Time	Fee (R/NR)
212331-C9	M Apr 3	16 & up	6-8pm	\$15/\$25

## OUTDOOR DOG OBEDIENCE CLASSES

### OUTDOOR BEGINNING CLASS

This class covers basic dog obedience. Dogs must be six months or older. First class is without the dog. For more information contact Judy at 540-544-7556.

Activity #	Date	Age	Time	Fee (R/NR)
212230-D5	Sa Mar 18-May 6	16 & up	9:30-10:30am	\$50/\$70
Location	The first class meets at Shelter 2 at Municipal Park and all remaining classes will meet behind the tennis courts.			



### OUTDOOR ADVANCED CLASS

This class reviews obedience skills and works toward having the dog off lead all the time. Dogs must be six months or older. Dogs attend all classes. For more information contact Judy at 540-544-7556.

Activity #	Date	Age	Time	Fee (R/NR)
212230-D6	Sa Mar 18-May 6	16 & up	10:45-11:45am	\$50/\$70
Location	The first class meets at Shelter 2 at Municipal Park and all remaining classes will meet behind the tennis courts.			

## CLASSES FOR EDUCATION AND LEISURE

### DIGITAL PHOTOGRAPHY

How to make friends with your DSLR and love your photos. Learn the fundamentals of photography and the importance of lighting to get the picture you want. Instructor: photographer Jon Fleming. For more information: flemingjk@hotmail.com.

Activity #	Date	Age	Time	Fee (R/NR)
212331-SP	M Feb 13, 20 & 27	16 & up	7-9pm	\$40/\$50
Location	Blacksburg Community Center			

### CONVERSATIONAL ARABIC 101

This course offers a variety of common words, useful conversational phrases, and a glimpse into the vibrant culture of the Arabic-speaking world. Don't miss this unique opportunity.

Activity #	Date	Age	Time	Fee (R/NR)
202303-A1	Su Mar 5-Apr 9	16 & up	3-4:30pm	\$50/\$60
Location	Blacksburg Community Center			

# ACTIVE ADULT PROGRAMS

## CLASSES FOR EDUCATION AND LEISURE

### COMPUTER, SMARTPHONE, TABLET – OH MY!

Volunteers from Computer Science Community Service will be sharing their skills with the community. Get help for your computer, smartphone and tablets. Bring questions and suggestions for material you would like them to present.

Activity #	Date	Age	Time	Fee (R/NR)
Class topics will be listed in Jan	Program begins in Jan	All ages and skill levels welcome	TBD	FREE

Location	Community Center Computer Lab
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### CREATIVE WRITING WITH DR. JONATHAN BRADLEY

For budding and experienced writers. Learn various approaches to writing in different genres and discover techniques others have used. Students will share knowledge, read, and give feedback with instructor's guidance.

Activity #	Date	Age	Time	Fee (R/NR)
223303-03	Th Mar 30-May 11	Adults	6:15-8:15pm	\$65/\$75

Location	Blacksburg Community Center
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### SHAKESPEARE FOR ADULTS WITH DR. DONALD RUDE

"Hamlet" – A play which changes with each reading because of the richness of its characters. It has been interpreted by Freudian psychologists and existential philosophers and continues to provoke thoughtful rereading.

Activity #	Date	Age	Time	Fee (R/NR)
223301-A1	Th Mar 16-Apr 20	Adults	1pm	\$5/\$10

\* Book purchase extra.

Location	Blacksburg Community Center
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### SONGWRITING CLASS

Have you ever dreamed of crafting your poetry ideas into a song lyric and set them to a melody? Join professional songstress and seasoned songwriter, Leslie Brooks, to learn how to put your ideas to music.

Activity #	Date	Age	Time	Fee (R/NR)
212331-W1	W Feb 1-22	14 & up	6-7:30pm	\$45/\$55
212331-W2	W Mar 1-22	14 & up	6-7:30pm	\$45/\$55

Location	Blacksburg Community Center
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### EDUCATIONAL SERIES: NORMAL AGING; DEMENTIA; CAREGIVER ASSISTANCE NEW!

Jan Yakel, M.S.CCC-SLP, will present an educational series on these very important topics. Sign up for one or all three 90-minute sessions.

Activity #	Date	Topic	Time	*Fee (R/NR)
223400-A1	Tu Mar 14	Normal forgetfulness or is it dementia?	1pm	FREE
223400-A2	Tu Apr 11	Understand Degenerative Neurological Diseases and the Stages of Dementia	1pm	FREE
223400-A3	Tu May 9	Dementia: Care for the Caregiver	1pm	FREE

\*Sessions are free but registration is required.

Location	Blacksburg Community Center
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## CLASSES FOR EDUCATION AND LEISURE

### FUSED GLASS 101: AN INTRODUCTION TO GLASS FUSING THROUGH ART TILES AND PENDANTS

Covers the basics of glass cutting, edge trimming, glass compatibility, assembly and kiln formed pieces. Bring home several pendants and two tiles for display. All glass supplies included. For more information, contact instructor Larry Mitchell at drldmm@comcast.net.

Activity #	Date	Age	Time	Fee (R/NR)
212331-G1	Sa Mar 4-25	13 & up	1-5:30pm	\$75/\$85
Location	Instructor's studio, 695A Park St., Christiansburg			
Registration Deadline	Feb 26 Registration for first timers starts on Jan 10 Registration for repeaters starts on Feb 5			



### FUSED GLASS 301: MAKE YOUR OWN GLASS: PATTERN BARS, PLATES, AND STRIP ASSEMBLY NEW!

Make your own glass with personalized pattern via pattern plate making and pattern bar assembly. Glass supplies included. Prerequisite: Fused Glass 101; Fused Glass 201 helpful, but not required. For more information, contact instructor Larry Mitchell at drldmm@comcast.net.

Activity #	Date	Age	Time	Fee (R/NR)
212331-G3	Sa Apr 1-22	13 & up	1-5:30pm	\$120/\$130
Location	Instructor's studio, 695A Park St., Christiansburg			
Registration Deadline	Mar 26			

APRIL 21-28

A favorite annual event for those 50 and above. Participate or watch your fellow seniors compete in events including shuffleboard, badminton, golf, bowling, horseshoes, riflery, billiards and much more. Registration forms and more details will be available in early February. Events are supported by Parks and Recreation departments of Montgomery County, Christiansburg, Radford and Wytheville.

# ACTIVE ADULT PROGRAMS

## ONGOING

### AARP CHAPTER #2613

AARP has general membership meetings at 11:30am each month. These are usually luncheon meetings with everyone bringing a bagged lunch. Interesting and informative presentations follow. Meetings are open to the public.

Activity #	Date	Age	Time	Fee (R/NR)
No registration required	Tu Jan 17, Feb 21, Mar 21, Apr 18, May 16	All ages	11:30am	FREE
Location		Blacksburg Community Center		

### ART LOVER'S CLUB

Join fellow artists or would-be artists for a weekly opportunity to learn and share painting/drawing skills. Artist and instructor, Betty Moore, will lead the class four times this season and provide instruction, critique and future projects.

Activity #	Date	Age	Time	Fee (R/NR)
223201-A3	Tu Jan 3-May 30	All adults welcome	9:30am-11:30am	\$40/\$50
Location		Blacksburg Community Center		

\* Fee includes four two-hour classes (dates to be determined). Supplies extra.

### BOOK CLUB

The next best thing to reading a great book is talking about it with friends. Program is free and all ages are welcome.

Activity #	Date	Book	Time	Fee (R/NR)
No registration required	Th Jan 12	"Museum of Extraordinary Things" by Aryn Kyle	2pm	FREE
	Th Feb 9	"The Rosie Project" by Graeme Simsion		
	Th Mar 9	"Devil in the Grove" by Gilbert King		
	Th Apr 13	"A Man Called Ove" by Fredrik Backman		
	Th May 11	"A Town Like Alice" by Nevil Shute		
Location		Blacksburg Community Center		

### BRIDGE AND MAHJONGG

The following programs take place weekly. For Duplicate Bridge contact Richard Huber at 304-466-0341 or richard55fla@yahoo.com. For all other programs contact Joy Herbert at 961-1134 or jherbert@blacksburg.gov. No registration required. Room is reserved for any group

Program	Date	Age	Time	Fee (R/NR)
Sanctioned Duplicate ACBL Game	M, W, F	All ages	12:30pm	FREE
Party Bridge	Tu, W, F		1pm	FREE
Mah Jongg	W		1pm	FREE
Location		Blacksburg Community Center		

# ACTIVE ADULT PROGRAMS

## ONGOING

### KNITTERS

Bring your project and learn from others or share your skills. This informal group meets for socialization while knitting. Other varieties of needle work are welcome.

Activity #	Date	Age	Time	Fee (R/NR)
Registration not required.	M, W	Adults	10am-noon	FREE
Location		Blacksburg Community Center		

### SPUNSTERS

Join us as we spin fiber into yarn to use in projects like knitting and weaving. Anyone interested in fiber arts is welcome as we learn and share.

Activity #	Date	Age	Time	Fee (R/NR)
Registration not required.	1st, 3rd, 4th, & 5th Th of each month	Adults	1-4pm	FREE
	2nd W of each month		7-9:30pm	FREE
Location		Blacksburg Community Center		

### WRITER'S CLUB

Join fellow writers or would-be writers for opportunities to share and talk about your writing: essays, memoirs, poetry, stories, plays, letters, or a chapter from your great American novel. Readings are purely voluntary.

Activity #	Date	Age	Time	Fee (R/NR)
Registration not required.	First Friday of each month	Adults	2pm	FREE
Location		Blacksburg Community Center		

### LINE DANCING WITH CASS LONG

It's fun and great exercise. Line dance to a variety of music (50s to current). No partner needed. No prior dance experience necessary. Come join us each Thursday.

Activity #	Date	Age	Time	Fee (R/NR)
Registration not required.	Th	Adults	1:30-2:30pm Beginners are encouraged to come at 1pm	FREE
Location		Blacksburg Community Center		

### VICAP (VIRGINIA INSURANCE AND ASSISTANCE PROGRAM)

An insurance counselor from Agency on Aging can educate, counsel, and assist you regarding medical benefit programs, long-term care insurance, and problems with Medicare, Medicaid, and medical bill paying. Please contact the NRV Agency on Aging office at 540-980-7720 for appointments and more information. For ages 50 and older.

# ACTIVE ADULT PROGRAMS

## SPECIAL EVENTS

### SPRINGTIME SURPRISE

**NEW!**

Let's travel to Meadowbrook for a fun time as you learn to make a crafty and edible project for Easter. Then participate in a surprise activity that is sure to make you laugh.

Activity #	Date	Age	Time	Fee (R/NR)
223000-1F	Th Apr 13	Adults	10:30am-1pm	\$1
Location	Please arrive at the Blacksburg Community Center no later than 10:15am.			
Registration Deadline	Apr 10			

### ST. PATRICK'S DAY CELEBRATION

Come dressed in green and join us as we celebrate St. Patrick's Day with food and bingo. Bus will travel to the Christiansburg Parks and Recreation Center. Bring \$1 in quarters for bingo.

Activity #	Date	Age	Time	Fee (R/NR)
223000-3D	F Mar 17	50 & up	10:30am-1:30pm	\$5 at registration
Location	Please arrive at the Blacksburg Community Center no later than 10:15am.			
Registration Deadline	Mar 13			

### CANDY BAR BINGO

Let's travel to Meadowbrook Community Center for a fun twist to an annual Valentine's celebration. Bring two wrapped, full sized candy bars to be placed in the prize pool and bring a favorite chocolate confection to share.

Activity #	Date	Age	Time	Fee (R/NR)
223000-2F	Th Feb 16	Adults	12:30-3pm	\$1
Location	Please arrive at the Blacksburg Community Center no later than 12:15pm.			
Registration Deadline	Feb 13			

### HOBO SOUP BINGO

Let's travel to Christiansburg Recreation center for a fun event. Bring in soup ingredients for our hobo soup: vegetables, canned or frozen or dried beans that have been cooked. Bring a \$1 in quarters for bingo prizes.

Activity #	Date	Age	Time	Fee (R/NR)
223000-1B	Tu Jan 24	50 & up	11:30am-2pm	\$1
Location	Please arrive at the Blacksburg Community Center no later than 11:15am.			
Registration Deadline	Jan 18			

### ESTATE PLANNING SEMINAR

Bettye Ackerman, attorney with Anderson, Desimone & Green, will present information on wills, trusts, powers of attorney, medical directives, living wills, guardianships, and asset protection.

Activity #	Date	Age	Time	Fee (R/NR)
223000-4A	W Mar 29	Adults	1pm	FREE but registration required
Location	Blacksburg Community Center			

### WINTER BIRDING

Let's travel to Meadowbrook where Bill Sydor, naturalist, will present a presentation about local winter birds. You will have an opportunity to learn creative ways to make wildlife treats to help them in cold weather.

Activity #	Date	Age	Time	Fee (R/NR)
223000-3C	Th Jan 26	Adults	12:30-3pm	\$1
Location	Please arrive at the Blacksburg Community Center no later than 12:15pm.			
Registration Deadline	Jan 23			

## TRIPS

### “HANK WILLIAMS – LOST HIGHWAY” – WOHLFAHRT HAUS DINNER THEATRE

The spectacular musical biography of the legendary singer-songwriter. The show follows Williams’ rise from his beginnings on the Louisiana Hayride to his triumphs on the Grand Ole Opry to his eventual self destruction at twenty-nine.

Activity #	Date	Age	Time	*Fee (R/NR)
223600-A1	W Mar 1	All ages	11am-6pm	\$45/\$55

\* Fee includes transportation, meal, and performance

Location	Please arrive at the Blacksburg Community Center no later than 10:45am.
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### “THEN SINGS MY SOUL” – WOHLFAHRT HAUS DINNER THEATRE

From historic spirituals to Southern Gospel to contemporary Praise and Worship, this inspirational show is overflowing with the songs you grew up singing and are still singing today.

Activity #	Date	Age	Time	*Fee (R/NR)
223600-3C	W May 24	Adults	11am-6pm	\$45/\$55

\* Fee includes transportation, meal, and performance.

Location	Please arrive at the Blacksburg Community Center no later than 10:45am.
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### JAMES MONROE HIGHLAND - CHARLOTTESVILLE

**NEW!**

Experience Highland, the official residence of our fifth President James Monroe. Tour also includes a wine tasting at Jefferson Vineyards and buffet lunch at historic Michie Tavern.

Activity #	Date	Age	Time	*Fee (R/NR)
223600-2D	W Jun 21	Adults	8:30am-7pm	\$59/\$69

\* Fee includes transportation, guided tour, lunch and wine tasting.

Location	Please arrive at the Blacksburg Community Center no later than 8:15am.
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### MYRTLE BEACH, SC

**NEW!**

Escorted trip to this top vacation destination includes two spectacular shows, The Carolina Opry and The Alabama Theater, Broadway at the Beach and a visit to Barefoot Landing.

Activity #	Date	Age	Deposit due at registration	*Final payment Due by Mar 25
223600-SD (Double)	M-W May 15-17	Adults	\$100/per person	\$299/\$309
223600-SS (Single)				\$379/\$389

\* Motor coach transportation, two nights ocean front accommodations, two breakfasts and two dinners. No refunds after April 14 unless a substitute is found or you have purchased travel protection for \$51/person.

# ACTIVE ADULT PROGRAMS

## TRIPS

### MYSTERY DINE OUTS

Indulge in some culinary experiences and surprises. It's amazing, the variety of flavors that surround us. We promise no fast food or chain restaurants, only popular and unique destinations in a casual atmosphere.

Activity #	Date	Age	Time	Fee (R/NR)
223600-2C	W Jan 25	Adults	10am-1:45pm	\$7/\$14 for each trip. Meal extra.
223600-4C	W Feb 22		10:15am-2:30pm	
223600-4D	W Mar 15		10am-2:30pm	
223600-M4	W May 31		10am-2:30pm	

Location	Depart from Blacksburg Community Center. Please arrive no later than 15 minutes prior to departure.
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### NIAGARA FALLS **NEW!**

Package includes four nights lodging, four breakfasts, three dinners, transportation, two days guided touring of the falls, IMAX presentation, Hornblower Niagara Cruise, visit to Niagara-on-the-Lake, wine tasting, evening view of the illuminated falls, and more.

Activity #	Date	Age	Deposit due at registration	*Final payment Due by Mar 25
223600-F4 (Double)	Su-Th Sep 17-21	Adults	\$100/person	\$599/\$609
223600-F5 (Single)				\$739/\$749

\* No refunds after August 17 unless a substitute is found or you have purchased travel protection at \$79/person double occupancy.

**Passport is required.**

### "BUDDY – THE BUDDY HOLLY STORY" – WOHLFAHRT HAUS DINNER THEATRE

"Buddy" is a celebration of the life and times of the young man with spectacles and catches that unique mixture of innocence, determination, humor, and charm that was Buddy Holly.

Activity #	Date	Age	Time	*Fee (R/NR)
223600-3B	W Mar 22	Adults	11am-6pm	\$45/\$55

\* Fee includes transportation, meal, and performance

Location	Please arrive at the Blacksburg Community Center no later than 10:45am.
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### DAY IN LEXINGTON **NEW!**

Tour includes narrated carriage ride, guided tours of Lee Chapel and Museum, Stonewall Jackson House and Museum and Memorial cemetery, and participation in an authentic Chinese tea tasting ceremony on Washington and Lee Campus.

Activity #	Date	Age	Time	*Fee (R/NR)
223600-5B	W Apr 12	Adults	8:30am-6pm	\$44/\$54

\* Fee includes transportation, guided tours and all admissions. Lunch extra at Sheridan Livery Inn.

Location	Please arrive at the Blacksburg Community Center no later than 8am.
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## TRIPS

### "A MIDSUMMER NIGHT'S DREAM" – BARTER THEATRE MAIN STAGE

This comedy is one of Shakespeare's most popular works. Follow the adventures of four Athenian lovers and a group of six amateur actors who are controlled and manipulated by the fairies who inhabit the forest.

Activity #	Date	Age	Time	*Fee (R/NR)
223600-A2	Available at registration	Adults	9:15am-7pm	Available at registration

\* Date and time will be determined by registration. Fee will include transportation and performance. Meal extra at the Heartwood Center.

### MYSTERY WINE OUT

Join us as we travel to a mystery winery location for a tasting. Trip will also include a lunch stop but that too is a mystery.

Activity #	Date	Age	Time	*Fee (R/NR)
223600-1C	W Apr 5	Adults	10am-4pm	\$20/\$30

\* Fee includes transportation, tasting with souvenir glass. Lunch extra.

Location	Please arrive at the Blacksburg Community Center no later than 9:45am.
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### TASTE OF CHARLOTTESVILLE FOOD TOUR **NEW!**

A unique three-hour guided food tasting and cultural walking tour focusing on Charlottesville historic downtown with many hidden gems, delicious restaurants, and shops.

Activity #	Date	Age	Time	*Fee (R/NR)
223600-4B	W Jun 7	Adults	8:30am-7pm	\$67/\$77

\* Fee will include transportation, guided tour and seven different food tastings, enough for a hearty lunch.

Location	Please arrive at the Blacksburg Community Center no later than 8:15am.
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### WSLS CHANNEL 10 STATION TOUR **NEW!**

Get an interesting and informative back stage tour of our Roanoke TV station. Lunch follows at The Roanoker.

Activity #	Date	Age	Time	*Fee (R/NR)
123600-J1	W Feb 15	Adults	8:45am-2:30pm	\$9/\$18

\* Fee includes transportation and tour. Lunch extra.

Location	Please arrive at the Blacksburg Community Center no later than 8:30am.
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### FOR THOSE WITH SPECIAL NEEDS

The Senior Center has a wheelchair accessible bus with room to carry assistive devices. Staff is unable to personally assist individuals beyond loading and unloading the vehicle; therefore, we require a caretaker or aide to accompany those with special needs.

### IMPORTANT TRIP INFORMATION

Vans will be available to load no earlier than 30 minutes prior to departure unless otherwise specified in the trip description. Please arrive at least 15 minutes prior to departure.

It is difficult to find the perfect temperature for every participant on the bus. It is suggested those who are cold-natured bring sweater/coats and warm-natured dress in layers. Staff is happy to make adjustments to the temperature but safety is the primary concern. Let the driver know at a time when he is not distracted about any temperature adjustments.

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*a special place*

**Community Relations**

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